

English Podcast - "My Weekly Hobby"

Host: Minh | Level: A2-B1 | Duration: 1-2 minutes



TRANSCRIPTION

Hello, welcome to Easy English Today with Minh! Today, I want to talk about my favorite hobby.

My name is Minh, and I love cooking. Every weekend, I spend about two hours in the kitchen. I usually cook Vietnamese food, but sometimes I try new recipes from different countries.

Last Saturday, I cooked a delicious chicken curry. First, I prepared the ingredients. Then, I cut the vegetables into small pieces. After that, I added the spices and coconut milk to make the sauce. While the chicken cooked, I prepared rice on the side. Finally, after thirty minutes, the dish was ready!

Cooking is relaxing for me. It helps me reduce stress. I also love eating the food I make, and my family enjoys it too. My favorite part is when my friends come over and I can share my cooking with them.

Do you have a hobby? Maybe cooking, drawing, or playing sports? Tell me about it! I would love to hear your story.

Thank you for listening. See you next time!



TRANSCRIPTION WITH IPA

hə'lou | 'welkəm | tə | 'izi | 'ɪŋɡlɪʃ | 'tudeɪ | wɪð | mɪn
Hello, welcome to Easy English Today with Minh!

tə'deɪ | aɪ | wʌnt | tə | tɔk | ə'baut | maɪ | 'feɪvərət | 'houbi
Today, I want to talk about my favorite hobby.

maɪ | neɪm | ɪz | mɪn | ənd | aɪ | lʌv | 'kʊkɪŋ
My name is Minh, and I love cooking.

'evəri | 'wɪkənd | aɪ | spænd | ə'baut | tu | 'aʊərz | ɪn | ðə | 'kɪtʃən

Every weekend, I spend about two hours in the kitchen.

aɪ | 'juːʒuəli | kʊk | viət'namiːz | fud | bət | səm'taɪmz | aɪ | traɪ | nu | 'rɛsɪpɪz | frəm | 'dɪfərənt | 'kʌntrɪz

I usually cook Vietnamese food, but sometimes I try new recipes from different countries.

læst | 'sætərdeɪ | aɪ | kʊkt | ə | dɪ'lɪʃəs | 'tʃɪkən | 'kɛri

Last Saturday, I cooked a delicious chicken curry.

VOCABULARY

Word	Pronunciation	Definition	Example
hobby	/'hɒbi/	An activity you enjoy doing in your free time	Reading is my hobby.
cooking	/'kʊkɪŋ/	Preparing food by heating	I love cooking Vietnamese food.
weekend	/'wɪkɛnd/	Saturday and Sunday	I go to the market every weekend.
ingredients	/ɪn'ɡrɪdiənts/	Things you use to make food	The ingredients for a cake are flour, eggs, and sugar.
recipe	/'rɛsɪpi/	Instructions for making food	I found a new recipe online.
curry	/'kɜːri/	A dish with spices from South Asia	Chicken curry is delicious.
spices	/'spɑːsɪz/	Seasonings like salt, pepper, and garlic	I use many spices in my cooking.
reduce	/'rɪdʊs/	To make something less or smaller	Exercise helps reduce stress.
delicious	/dɪ'lɪʃəs/	Very tasty; good	The pizza was delicious.

GRAMMAR POINTS

1. Present Simple (Habitual Actions)

Form: Subject + Base Verb

Usage: Regular or repeated actions

Examples: "I love cooking." / "Every weekend, I spend two hours in the kitchen."

2. Past Simple (Finished Actions)

Form: Subject + Past Verb

Usage: Actions that happened at a specific time in the past

Examples: "Last Saturday, I cooked a chicken curry." / "Then, I cut the vegetables."

3. Time Expressions and Sequencing

First, Then, After that, Finally – Show order of events

Example: "First, I prepared the ingredients. Then, I cut the vegetables."

4. While + Clause (Simultaneous Actions)

Form: While + past simple, past simple

Example: "While the chicken cooked, I prepared rice on the side."

5. Question Formation

Yes/No Questions: Do/Does + Subject + Base Verb?

Example: "Do you have a hobby?"



KEY EXPRESSIONS

"I love + -ing" - Express strong like: "I love cooking."

"It helps me..." - Explain benefit: "It helps me reduce stress."

"Tell me about..." - Ask for information: "Tell me about your hobby."

"My favorite part is..." - Express preference: "My favorite part is when friends visit."